



## Thank you for being a light for seriously ill children and their families!

Soon neighborhoods across the Triangle will glow with hope for families staying at local Ronald McDonald Houses. Your participation in the Light-a-Luminary program helps comfort children and families as they fight big battles at Duke, UNC, and WakeMed Children's Hospitals.

*Follow these helpful tips for a safe lighting experience:*

- 1. Fold** down the top of each luminary bag or cut two inches from the top of each bag.
- 2. Divide** the sand equally into each of the 10 bags. Be sure to use enough sand that the bag will not move in the wind. **For safety, please do not light candles in extreme wind.**
- 3. Place** a candle in each plastic cup and then place the cup in the center of the sand in each bag. **Push** down on the cup so the sand surrounds it to stabilize the cup in the bag. If using LED candles, place them directly on the sand.
- 4. Place** bags evenly along the pavement or concrete every 8-10 feet. A curb or edge of sidewalk works well! **Please do not place bags on grass. Avoid dry leaves, turf, pine straw, and other debris.**
- 5. Light** the candles and enjoy the glow! Candles will burn for 8 hours.
- 6. Clean** up and dispose of your luminaries after the candles are extinguished.
- 7. Share** your luminary photos with us: **@RMHCTriangle** on Facebook and **@RMHC\_Triangle** on Instagram.
- 8. Questions:** Contact [Jasmin@RMHCTriangle.org](mailto:Jasmin@RMHCTriangle.org).

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*Thank you for being a light for the children.*



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our community of love.

