



# Make our Wishes Come True

It takes a lot of supplies to run RMHC of the Triangle programs.

Food and household items are needed to support families staying at our Ronald McDonald Houses, as well as thousands of caregivers who receive respite in our hospital-based programs each year.

## Food

- ♥ Individual bags of chips
- ♥ Individual cookie packs
- ♥ Individual cracker packs
- ♥ Granola bars - variety
- ♥ Individual trail mix packets
- ♥ Individual snack cakes
- ♥ Breakfast bars - variety
- ♥ Pop Tarts
- ♥ Easy Mac cups
- ♥ Ramen noodles
- ♥ Cup Noodles
- ♥ Fruit cups
- ♥ Sugar packets
- ♥ Liquid creamer cups
- ♥ Individually-wrapped utensils
- ♥ Individual condiment packets

## Household Supplies

- ♥ Travel-sized & full sized toiletries
- ♥ Laundry detergent (free & clear preferred)
- ♥ Bleach
- ♥ Swiffer mops, pads & dusters
- ♥ Table-top air freshener
- ♥ Disinfectant spray
- ♥ Liquid dish soap
- ♥ Pine Sol
- ♥ Dishwasher Pods
- ♥ 13-gallon kitchen trash bags
- ♥ Cleaning sponges
- ♥ Paper plates, bowls & Solo Cups

## Gift Cards

- ♥ Visa
- ♥ Amazon

**Deliver** to 101 Old Mason Farm Road, Chapel Hill or  
506 Alexander Avenue, Durham

**Order on Amazon\*** for shipment to RMH: <https://bit.ly/RMHCWishes>

\* Please email your name, address, and the value of your Amazon order to [Info@RMHCTriangle.org](mailto:Info@RMHCTriangle.org) so we can send a receipt.



Ronald McDonald  
House Charities®  
of the Triangle

Contact [Traci@RMHCTriangle.org](mailto:Traci@RMHCTriangle.org) or visit [RMHCTriangle.org](https://www.RMHCTriangle.org) to learn more!